

Male - Review of Symptoms

Androgen Deficiency

- | | |
|---|---|
| <input type="checkbox"/> Decreased Libido | <input type="checkbox"/> Decreased Ability to Play Sports Decreased Strength/Energy |
| <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Sad, Grumpy or Moody |
| <input type="checkbox"/> Lack of Energy | <input type="checkbox"/> Problems with Memory/Concentration |
| <input type="checkbox"/> Decreased Muscle Mass | <input type="checkbox"/> Decreased Spontaneous Erection |
| <input type="checkbox"/> Recent Deterioration of Work Performance | <input type="checkbox"/> Fall Asleep After Dinner |

Thyroid

- | | |
|---|---|
| <input type="checkbox"/> Feeling Worn Out | <input type="checkbox"/> Gaining Weight |
| <input type="checkbox"/> Trouble Concentrating or Remembering | <input type="checkbox"/> Feeling Down or Depressed |
| <input type="checkbox"/> Itchy and Dry Skin | <input type="checkbox"/> Weakness and Aches in Muscles and Joints |
| <input type="checkbox"/> Hair Loss | <input type="checkbox"/> Inability to Lose Weight |
| <input type="checkbox"/> Feeling Cold | <input type="checkbox"/> Constipation |

Sexual Function

- | | |
|--|--|
| <input type="checkbox"/> Loss Morning Erections | <input type="checkbox"/> Sexual Desire (Low Libido) |
| <input type="checkbox"/> Trouble Keeping an Erection | <input type="checkbox"/> Trouble Getting an Erection |
| <input type="checkbox"/> Delayed Ejaculation | <input type="checkbox"/> Premature Ejaculation |
| <input type="checkbox"/> Loss of Spontaneous Erections | |

Are you taking any of these medications known to cause impotence?

- | | |
|---|--|
| <input type="checkbox"/> Alpha-adrenergic blockers, including tamsulosin (Flomax) | <input type="checkbox"/> CNS stimulants, such as cocaine and amphetamines |
| <input type="checkbox"/> Beta-Blockers, such as carvedilol (Coreg) and metoprolol (Lopressor) | <input type="checkbox"/> Diuretics, such as furosemide (Lasix) and spironolactone (Aldactone) |
| <input type="checkbox"/> Cancer chemotherapy medications, such as cimetidine (Tagamet) | <input type="checkbox"/> Selective serotonin reuptake inhibitor (SSRIs) such as fluoxetine (Prozac) and paroxetine (Paxil) |
| <input type="checkbox"/> Central nervous system (CNS) depressants, such as alprazolam (Xanax), diazepam (Valium), and codeine | <input type="checkbox"/> Synthetic hormones, including a leuprolide (Eligard) |

Adrenal Fatigue

There are a large number of other complaints that are associated with Adrenal Fatigue. Many of these are linked directly to one of the more common complaints listed above. Depending on which stage of Adrenal Fatigue you have reached, you may be experiencing a handful or a large number of symptoms.

- | | |
|---|--|
| <input type="checkbox"/> Increased levels of fatigue each day | <input type="checkbox"/> Difficulty getting up in the morning |
| <input type="checkbox"/> Craving for salty foods | <input type="checkbox"/> A weak immune system |
| <input type="checkbox"/> Inability to handle stress | <input type="checkbox"/> Asthma, allergies or respiratory complaints |
| <input type="checkbox"/> Higher energy levels in the evening | <input type="checkbox"/> Weight gain |
| <input type="checkbox"/> Overuse of stimulants like caffeine | <input type="checkbox"/> Loss of muscle tone |

Leaky Gut

	Yes	No
Chronic Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Bloating	<input type="checkbox"/>	<input type="checkbox"/>
Skin Rashes	<input type="checkbox"/>	<input type="checkbox"/>
Acne	<input type="checkbox"/>	<input type="checkbox"/>
Rosacea	<input type="checkbox"/>	<input type="checkbox"/>
Eczema	<input type="checkbox"/>	<input type="checkbox"/>
Arthritis or Joint Pain	<input type="checkbox"/>	<input type="checkbox"/>
Craving for Sugar	<input type="checkbox"/>	<input type="checkbox"/>
Food Sensitivities	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>